**Spiced Cous Cous**

**Ingredients**

Cous Cous cooked in veg stock 500g

Coriander fresh 0.25 bunch

Chilli Fresh – Green chopped 0.5 no

Cumin 0.5 tspn

Lemon ½ no

**Method**

1. Combine all ingredients and serve nicely on the plate maybe using a cup to mould it.

**Key Nutritional Points and Facts**

* Couscous is a great source of energy. It is a wholegrain carbohydrate.
* It is great served warm or cold and is very simple to make.
* All other ingredients will add lots of flavour and the lemon juice will provide small amounts of vitamin C.

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